

Trauma Informed Support Training

INVICTUS
INSTITUTE

'Making excellence a habit'

- Be introduced to the impact of stress, adversity and trauma on children and young people
- Reflect on how adult responses can either escalate or de-escalate behaviour
- Explore the rationale for shifting from behaviour management to relational practice
- Learn how Five to Thrive provides a practical, brain based framework to support regulation and resilience

Course content:

Trauma-informed training is grounded in the latest neuroscience and psychological research, showing how early adversity and trauma can shape the developing brain and impact behaviour, learning, and relationships.

By equipping staff with a deep understanding of these processes, the training empowers them to shift from reactive behaviour management to proactive, relational strategies.

Staff will learn how to build strong, trusting connections that regulate stress responses and support cognitive and emotional development, creating calmer and more inclusive classrooms.

For the young people in our schools, the benefits are profound. Trauma-informed approaches have been shown to reduce challenging behaviour and improve engagement by helping children feel safe, understood, and supported.

Staff who attend this training will be better equipped to meet pupils' needs, fostering resilience and promoting long-term wellbeing and academic success.



'Learn with **us**'

Location:

Invictus Headquarters,
Kinver High School,
Enville Road, Kinver,
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Price: FREE

[Book Now](#)

Contact Us



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